

# Determination of Mineral and Proximate Compositions of *Pleurotus Ostreatus* Grown on three Agrowastes

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## ABSTRACT

Studies on the determination of mineral and proximate compositions of *Pleurotus ostreatus* grown on three agrowastes were carried out in the Department of Plant Science and Biotechnology and Dilomat Farms and Services Limited, Rivers State University. The three agrowastes (sawdust, wood ash and cassava bran) were mixed at different concentration levels and ten treatments including the combined effect and control were obtained. Proximate compositions which were moisture, ash, lipid, fibre, carbohydrate and protein were investigated. Highest values of carbohydrate ( $22.61 \pm 0.00$ ) and fibre ( $56.20 \pm 0.00$ ) were observed for sawdust and cassava bran (SCB) treatment. Although, the combined effect (CE) had highest concentrations of protein ( $8.70 \pm 0.00$ ) and ash ( $5.42 \pm 0.02$ ). Moisture and lipid were highest for sawdust and wood ash (SWA) and control treatments respectively. Mineral analysis of harvested *P. ostreatus* showed that SWA treatment had highest values for Magnesium, Phosphorus, Potassium and Sodium. However, highest Calcium ( $25.11 \pm 0.01$ ) and Iron ( $3.43 \pm 0.04$ ) contents were recorded for SCB and CE treatments respectively. However, sawdust and cassava bran treatments with higher concentrations recorded no harvest due to contamination. Generally, the SWA treatment had higher mineral values while CE performed better for proximate composition.

**Key Words:** *Pleurotus ostreatus*, Proximate, Minerals, Agrowastes.

## 1. INTRODUCTION

Mushrooms are naturally found growing on dead woods in the wild as saprophytes. Their cultivation imitates the conditions and situations in the wild. It involves the assemblage of the necessary materials and the creation of the enabling environment (Kuforiji & Fasidi, 2006). Members of the *Pleurotus* genus are distributed both in the temperate and subtropical regions. However, *P. ostreatus* is peculiar to the temperate environments because of its relatively high humidity and low temperature requirements (Trudell & Ammirati, 2009). It has been reported to be distributed in China, USA, Germany, Korea, Switzerland, Japan and many other countries (Phillips, 2006; Bao et al., 2004).

Production of mushroom constitutes different processes such as composting, spawn production, tissue culture, bagging, inoculation, incubation, cropping and harvesting. Furthermore, the process also incorporates the use of several agrowastes, botanicals and some chemicals that support their nutrient requirements (Jonathan & Fasidi, 2001). Oyster mushroom cultivation is faced with challenges arising from environmental and physical factors viz: temperature, pH, light, aeration and relative humidity. The regulation of these factors at their optimum encourages the growth and development of mushroom (Fasidi *et al.*, 2008).

Moisture, protein, fibre, ash, crude fat and carbohydrate have been shown by early researchers to be found in *Pleurotus* genus (Sharmila *et al.*, 2015; Duru *et al.*, 2019). Studies conducted by Liasu *et al.*, (2015) implicated sodium, calcium, magnesium, potassium and manganese to be found in *Pleurotus*. This was also supported by the findings of Jonathan *et al.*, (2013) as the above minerals were reported alongside others such as iron, zinc and copper. Nevertheless, there is dearth of information on the mineral and vitamin compositions of *P. ostreatus* grown on sawdust, wood ash and cassava bran.

## 2. MATERIALS AND METHODS

### 2.1 Sample Collection

Cassava peels were collected from Omagwa community in Ikwerre Local Government Area, Rivers state. The peels were dried for one month and immediately ground into powder for further use. Sawdust and *Rhizophora racemosa* wood were both obtained from Timber market Mile II Diobu in Rivers State. *R. racemosa* woods were later burnt to collect the ash. Healthy spawns of *Pleurotus ostreatus* were bought from Dilomat Farms and Services Limited, Rivers State University for the study. The above materials were all conveyed to the experimental site at Dilomat farms.

### 2.2 Substrate Compositions

The materials used for the cultivation were cassava bran, wood ash and sawdust and were subjected to various mixtures leading to their respective compositions for the experiment. Three concentrations of cassava bran (100, 150 and 200g) and wood ash (0.30, 0.60 and 1.0g) were varied against a constant quantity of sawdust (1000g). Combined and control treatments were also set up. A total of ten treatments were used for the cultivation of *P. ostreatus*:

Sawdust and wood ash (SWA): SWA1, SWA2, SWA3

Sawdust and cassava bran (SCB): SCB1, SCB2, SCB3

Combined effect (CE): CE1, CE2, CE3

Control (C)

The numbers attached to the abbreviated formulation indicate the concentration levels of wood ash and cassava bran in an increasing order.

### 2.3 Cultivation Studies

The cultivation methods of Chinda & Chinda, (2009) were adopted for this research. The different substrate compositions were composted for 40days. At the end of composting, the substrates were immediately bagged and sterilized through pasteurization at 100°C for 6hours. After the sterilized bags cooled, they were inoculated with 74.99±21.66g of spawn and incubated at room temperature (25±3°C) for 38days. Fully colonized bags were immediately cropped and watered for 3days. Fruiting bodies were later harvested and subjected to various studies.

### 2.4 Nutrient Composition Studies

The determination of proximate and mineral contents of harvested *P. ostreatus* mushroom from the various substrate composition were done using the methods earlier described by AOAC, (2005) and (1990). Data obtained were all subjected to statistical analysis.

## 3. RESULTS

Table 1: Effect of different substrate compositions on the proximate composition of *P. ostreatus* (%)

Sub. Comp.	Moisture	Ash	Lipid	Fibre	CHO	Protein
C	85.51±0.01 <sup>f</sup>	1.04±0.00 <sup>ab</sup>	5.22±0.03 <sup>g</sup>	0.93±0.01 <sup>a</sup>	4.04±0.06 <sup>a</sup>	3.37±0.17 <sup>c</sup>
CE1	61.52±0.0 <sup>c</sup>	5.21±0.01 <sup>c</sup>	1.50±0.00 <sup>b</sup>	14.53±0.04 <sup>c</sup>	9.11±0.01 <sup>b</sup>	8.22±0.02 <sup>g</sup>
CE2	62.52±0.02 <sup>d</sup>	5.32±0.02 <sup>d</sup>	1.56±0.02 <sup>c</sup>	15.23±0.04 <sup>d</sup>	10.03±0.04 <sup>b</sup>	5.44±0.01 <sup>f</sup>
CE3	60.61±0.01 <sup>b</sup>	5.42±0.02 <sup>e</sup>	1.61±0.01 <sup>c</sup>	14.24±0.05 <sup>b</sup>	9.52±0.02 <sup>b</sup>	8.70±0.00 <sup>h</sup>

<b>SCB1</b>	10.22±0.03 <sup>a</sup>	5.23±0.04 <sup>c</sup>	0.57±0.02 <sup>a</sup>	56.20±0.00 <sup>e</sup>	22.61±0.00 <sup>c</sup>	5.24±0.01 <sup>e</sup>
<b>SCB2</b>	-	-	-	-	-	-
<b>SCB3</b>	-	-	-	-	-	-
<b>SWA1</b>	84.64±0.06 <sup>e</sup>	1.06±0.01 <sup>b</sup>	5.11±0.01 <sup>f</sup>	0.87±0.00 <sup>a</sup>	4.12±0.03 <sup>a</sup>	4.26±0.01 <sup>b</sup>
<b>SWA2</b>	86.51±0.02 <sup>g</sup>	1.01±0.02 <sup>ab</sup>	5.02±0.03 <sup>e</sup>	0.86±0.02 <sup>a</sup>	3.81±0.02 <sup>a</sup>	2.86±0.01 <sup>d</sup>
<b>SWA3</b>	87.03±0.04 <sup>h</sup>	1.00±0.00 <sup>a</sup>	4.91±0.02 <sup>d</sup>	0.86±0.00 <sup>a</sup>	18.83±21.17 <sup>bc</sup>	2.43±0.01 <sup>a</sup>

\*Means with the same superscript across the column are not significantly different ( $p \leq 0.05$ )

- = no harvest, Sub. Comp.=Substrate compositions and CHO= Carbohydrate

**Table 2: Effect of different substrate compositions on the mineral composition of *P. ostreatus* (mg/100g)**

<b>Sub. Comp.</b>	<b>Ca</b>	<b>Fe</b>	<b>Mg</b>	<b>P</b>	<b>K</b>	<b>Na</b>
<b>C</b>	20.50±0.00 <sup>e</sup>	2.51±0.02 <sup>c</sup>	11.21±0.02 <sup>e</sup>	19.52±0.02 <sup>e</sup>	18.63±0.04 <sup>e</sup>	21.22±0.02 <sup>b</sup>
<b>CE1</b>	15.00±0.00 <sup>a</sup>	3.33±0.04 <sup>g</sup>	10.41±0.02 <sup>c</sup>	11.62±0.02 <sup>b</sup>	13.80±0.00 <sup>c</sup>	14.52±0.03 <sup>b</sup>
<b>CE2</b>	15.51±0.02 <sup>b</sup>	3.22±0.02 <sup>f</sup>	10.20±0.00 <sup>b</sup>	11.43±0.04 <sup>a</sup>	13.61±0.01 <sup>b</sup>	14.11±0.02 <sup>b</sup>
<b>CE3</b>	16.01±0.01 <sup>c</sup>	3.43±0.04 <sup>h</sup>	10.82±0.03 <sup>d</sup>	11.81±0.01 <sup>c</sup>	14.03±0.04 <sup>d</sup>	14.10±0.00 <sup>b</sup>
<b>SCB1</b>	25.11±0.01 <sup>h</sup>	2.12±0.03 <sup>a</sup>	3.01±0.02 <sup>a</sup>	13.51±0.01 <sup>d</sup>	12.02±0.03 <sup>a</sup>	1.02±0.03 <sup>a</sup>
<b>SCB2</b>	-	-	-	-	-	-
<b>SCB3</b>	-	-	-	-	-	-
<b>SWA1</b>	21.21±0.02 <sup>f</sup>	3.02±0.02 <sup>e</sup>	11.42±0.03 <sup>f</sup>	19.60±0.00 <sup>f</sup>	18.70±0.00 <sup>f</sup>	14.01±16.28 <sup>b</sup>
<b>SWA2</b>	20.12±0.03 <sup>d</sup>	2.41±0.00 <sup>b</sup>	11.42±0.02 <sup>f</sup>	19.60±0.00 <sup>f</sup>	18.80±0.00 <sup>g</sup>	22.10±0.00 <sup>b</sup>
<b>SWA3</b>	22.13±0.04 <sup>g</sup>	2.81±0.02 <sup>d</sup>	11.64±0.05 <sup>g</sup>	20.02±0.03 <sup>g</sup>	19.51±0.02 <sup>h</sup>	22.61±0.01 <sup>b</sup>

\*Means with the same superscript across the column are not significantly different ( $p \leq 0.05$ )

- = no harvest and Sub. Comp.=Substrate compositions

Result of the effect of substrate compositions on the proximate composition of cultivated *P. ostreatus* as shown in Table 1, revealed the presence of moisture, ash, lipid, carbohydrate and protein in all the substrates formulated for the cultivation of *P. ostreatus*. However, highest values of  $87.03 \pm 0.04$ ,  $5.42 \pm 0.02$ ,  $5.22 \pm 0.03$ ,  $56.20 \pm 0.00$ ,  $22.61 \pm 0.00$  and  $8.70 \pm 0.00$  were recorded for SWA3, CE3, C, SCB1, SCB1 and CE3 for the proximate compositions respectively. Also, lowest proximate values ( $10.22 \pm 0.03$ ,  $1.00 \pm 0.00$ ,  $0.57 \pm 0.02$ ,  $0.86 \pm 0.02$ ,  $3.81 \pm 0.02$  and  $2.43 \pm 0.01$ ) were recorded for SCB1, SWA3, SCB1, SWA2&3, SWA2 and SWA3 for the assessed parameters respectively. Treatments SCB2 and SCB3 did not record any fruit in this experiment.

The effect of different substrate compositions on the mineral composition of *P. ostreatus* presented in Table 2, showed the availability of calcium, iron, magnesium, phosphorus, potassium and sodium. It was also observed that the highest values ( $25.11 \pm 0.01$ ,  $3.43 \pm 0.04$ ,  $11.64 \pm 0.05$ ,  $20.02 \pm 0.03$ ,  $19.51 \pm 0.02$  and  $22.61 \pm 0.01$ ) were recorded for SCB1, CE3, SWA3, SWA3, SWA3 and SWA3 for the above outlined mineral parameters respectively, while the lowest concentrations ( $15.00 \pm 0.00$ ,  $2.12 \pm 0.03$ ,  $3.01 \pm 0.02$ ,  $11.43 \pm 0.04$ ,  $12.02 \pm 0.03$  and  $1.02 \pm 0.03$ ) were recorded for CE1, SCB1, SCB1, CE2, SCB1 and SCB1 for the minerals respectively. There were no results for treatments SCB2 and SCB3 because of microbial contaminations.

#### 4. DISCUSSION

The proximate result of cultivated *P. ostreatus* subjected to ANOVA test has shown that there is significant difference in the effect of different substrate compositions for moisture, ash, lipid, fibre, carbohydrate and protein in the cultivated *P. ostreatus* at  $p \leq 0.05$ . Nevertheless, the combined effect (CE) recorded higher values than the other treatments. More so, the high carbohydrate increase in SCB1 in this study could be related to the great availability of carbohydrate in the cassava bran substrates used for the cultivation of *P. ostreatus*.

The results of this study are lower than those reported by Ahmed *et al.*, (2016) for *P. ostreatus* cultivated on sawdust supplemented with wheat bran and lime. However, the result of the current study agrees with that of Iqbal *et al.*, (2016) as they researched on the cultivation of *P. florida* on wheat, rice, sugarcane, maize and sorghum substrates. Familoni *et al.*, (2018) reported lower moisture content and higher values of every other parameter assessed in this study for *Pleurotus* species cultivated on different plant wood dusts. The present study further agrees with the result presented by Duru *et al.*, (2019) for *P. ostreatus*. This was also supported by the findings of Sharmila *et al.*, (2015).

Nwoko *et al.*, (2017) reported higher values of protein and carbohydrate than those found in this study, although lower values were reported for the other parameters in this study. Oyetayo & Ariyo, (2013) reported lower values for moisture, ash, fibre and lipid for *P. ostreatus* compared to those found in this study. However, higher values of carbohydrate and protein were also recorded compared to their equivalents in this study. Similar condition was reported by Chirinang & Intarapichet, (2009) for *P. ostreatus*.

The carbohydrate and protein values reported for *P. pulmonarius* by Islam *et al.*, (2017) are higher than those found in this study. Notwithstanding, Adebola *et al.*, (2018) reported lower proximate values for *P. ostreatus* cultivated on different sawdust substrate.

The importance of these parameters cannot be overlooked in the day to day activities of man as they support in the provision of energy (carbohydrate and lipid), amino acid (protein) and reduction of cholesterol (fibre) (Campos-Vega *et al.*, 2010; Marten *et al.*, 2017).

The present study also showed that there is significant difference in the effect of different substrate compositions on calcium, iron, magnesium, phosphorus, potassium and sodium in the cultivated *P. ostreatus* at  $p \leq 0.05$ . Generally, SWA treatment performed better in terms of mineral composition than any other treatment. The increased mineral values in this study could be associated with the high contents of these same minerals in the agrowastes used in the study.

The mineral compositions in this current study were higher than those reported by Ahmed *et al.*, (2016) for several species of *Pleurotus* including *P. ostreatus*. Iqbal *et al.*, (2016) also reported lower mineral values for *P. florida* compared to those recorded in this study. Jonathan *et al.*, (2013) further reported similar lower values for all the mineral parameters assessed in this study for *P. pulmonarius* cultivated on various agrowastes excluding wood ash and cassava bran.

However, the mineral composition of this current study is in line with those reported by Adebayo *et al.*, (2014b) for *P. ostreatus*. The study of Duru *et al.*, (2019) implicated higher contents of calcium for *P. ostreatus* than its equivalent in this study. However, other mineral parameters assessed in this study are higher than those they reported. In addition, Nwoko *et al.*, (2017) reported lower values of *P. pulmonarius* than those recorded in this study. Oyetayo & Ariyo, (2013) reported lower values of mineral for *P. ostreatus* than those found in this study.

Mineral elements have been revealed by several authors and literatures to assist and support physiological, biochemical and metabolic processes. More so, calcium aids strong bone and iron a very important content of the blood system (Piska *et al.*, 2017; Idu & Onyibe, 2007).

## 5. CONCLUSION

The various agrowastes employed in this study influenced the mineral and proximate compositions of cultivated *P. ostreatus*. Sawdust and wood ash treatments had more mineral contents whereas highest values for proximate composition were observed for the combined effect treatment.

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